

# New Strategies and New Data- Beyond Guidelines

---

Anthony Maraveyas

GESCAT Lisbon 13<sup>th</sup> October 2018

# Conflict of Interest Statement

---

- ◆ Research Support: Bayer, Boehringer Ingelheim, BMS, Leo
- ◆ Employee: No relevant conflicts of interest to declare
- ◆ Consultant and/or Honoraria: Pfizer, BMS, Leo, Bayer
- ◆ Stockholder: No relevant conflicts of interest to declare
- ◆ Commissioned Talks: Bayer, Pfizer, Leo
- ◆ Scientific Advisory Board: Pfizer, BMS, Leo, Bayer

# Data-streams that Underpin the Emerging Practice of Using DOACs in CAT

---

- ◆ Data behind the LMWH related guidelines
- ◆ Randomised studies
  - SELECTeD (Rivaroxaban)
  - HOKUSAI (Edoxaban)
- ◆ Early guidance (ISTH 2018)
- ◆ ‘Beyond Guidelines’ practice and data
  - Patient views
  - DOAC Vs VKA registration programmes
    - CAT subgroup analyses
  - ‘Real World’ data
    - Insight on how clinicians interpret data
    - Insight on how to adapt the data to practice

# LMWH in Cancer Associated Thrombosis Treatment: Efficacy and Safety Observed in the CLOT and CATCH Trial

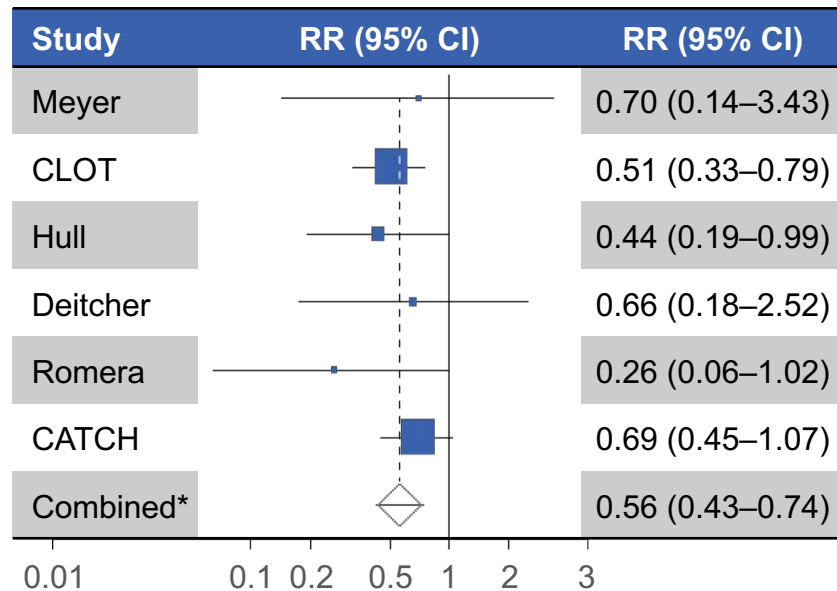
	LMWH monotherapy		LMWH overlapping with VKA		HR (95% CI)
	n/N	(%)	n/N	(%)	
<b>Recurrent VTE</b>					
CLOT study* <sup>1</sup>	27/336	8.0	53/336	15.8	
CATCH study# <sup>2</sup>	31/449	6.9	45/451	10.0	
<b>Meta-analysis<sup>13</sup></b>	<b>42/591</b>	<b>7.1</b>	<b>82/571</b>	<b>14.4</b>	
<b>Major bleeding</b>					
CLOT study* <sup>1</sup>	19/338	5.6	12/335	3.6	Not reported
CATCH study# <sup>2</sup>	12/449	2.9	11/451	2.4	
<b>Meta-analysis<sup>§3</sup></b>	<b>37/556</b>	<b>6.7</b>	<b>32/536</b>	<b>6.0</b>	

0,1      1      10  
**Favours LMWH**      **Favours VKA**

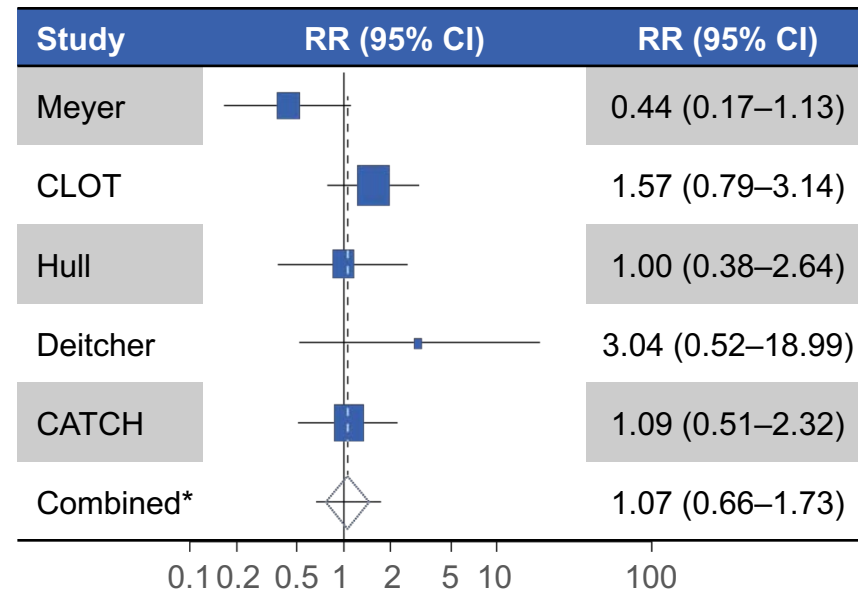
\*Dalteparin versus VKA; in the VKA arm the estimated time in therapeutic range was 46% (30% below and 24% above); #tinzaparin versus warfarin; in the warfarin arm the time in therapeutic range was 47% (26% below and 27% above); <sup>†</sup>meta-analysis included four other small studies in addition to the CLOT study; <sup>§</sup>meta-analysis included three other small studies in addition to the CLOT study

# Efficacy and Safety of LMWH versus VKA in the Treatment of Cancer Associated Thrombosis

## Recurrent VTE



## Major bleeding events



LMWH is associated with a significant reduction in the risk of recurrent VTE without a significant increase in major bleeding episodes vs VKA

\*Random effects model

Carrier M, Prandoni P, *Expert Rev Hematol* 2017;10:15–22

# Guideline Recommendations for Treatment of CAT

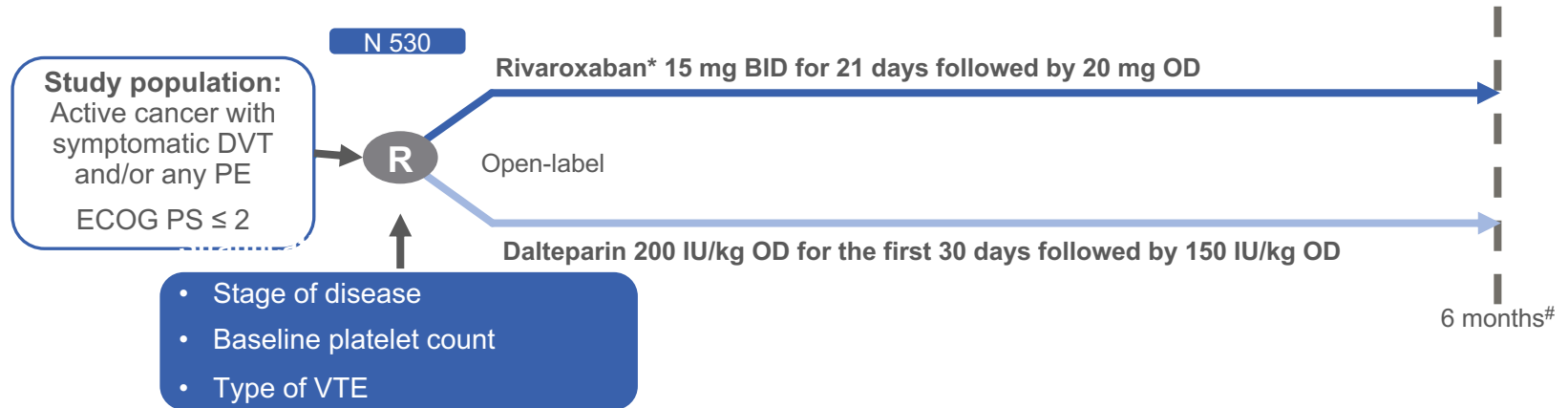
Society	Recommendations
ESMO 2011 <sup>1</sup>	<ul style="list-style-type: none"><li>◆ LMWH recommended for long-term (6 months) anticoagulant therapy</li><li>◆ Recommendations for duration of therapy depend on the type of cancer, stage of disease and cancer treatment</li></ul>
ESC 2014 <sup>2</sup>	<ul style="list-style-type: none"><li>◆ LMWH should be considered for the first 3–6 months</li><li>◆ LMWH or VKAs should be considered for extended anticoagulation beyond the first 3–6 months</li></ul>
ASCO 2015 <sup>3,4*</sup>	<ul style="list-style-type: none"><li>◆ LMWH recommended over UFH for the first 5–10 days</li><li>◆ LMWH preferred over VKAs for the first 6 months of treatment. VKAs are an acceptable alternative if LMWH is not available</li><li>◆ For extended anticoagulation (beyond 6 months) LMWH or VKAs may be considered for selected patients<sup>#</sup> with active cancer</li><li>◆ <b>Use of NOACs is not currently recommended for patients with cancer and VTE owing to limited data</b></li></ul>
ACCP 2016 <sup>5</sup>	<ul style="list-style-type: none"><li>◆ LMWH preferred over VKA or NOAC therapy</li><li>◆ <b>There is no preference between VKA, dabigatran, rivaroxaban, apixaban or edoxaban</b></li><li>◆ Extended therapy (&gt;3 months) <i>recommended</i> over 3 months of therapy for patients who do not have a high bleeding risk (<i>suggested</i> if bleeding risk is high)</li></ul>

\*Updated ASCO guidelines were published in 2015; reassessment of available new data did not prompt any changes from the 2013 recommendations<sup>5</sup>; <sup>#</sup>such as those with metastatic disease or receiving chemotherapy

1. Mandala M *et al*, *Ann Oncol* 2011;22:vi85–vi92; 2. Konstantinides S *et al*, *Eur Heart J* 2014;35:3033–3069; 3. Lyman GH *et al*, *J Clin Oncol* 2013;17:2189–2204; 4. Lyman GH *et al*, *J Clin Oncol* 2015;33:654–656; 5. Kearon C *et al*, *Chest* 2016: doi:10.1016/j.chest.2015.11.026

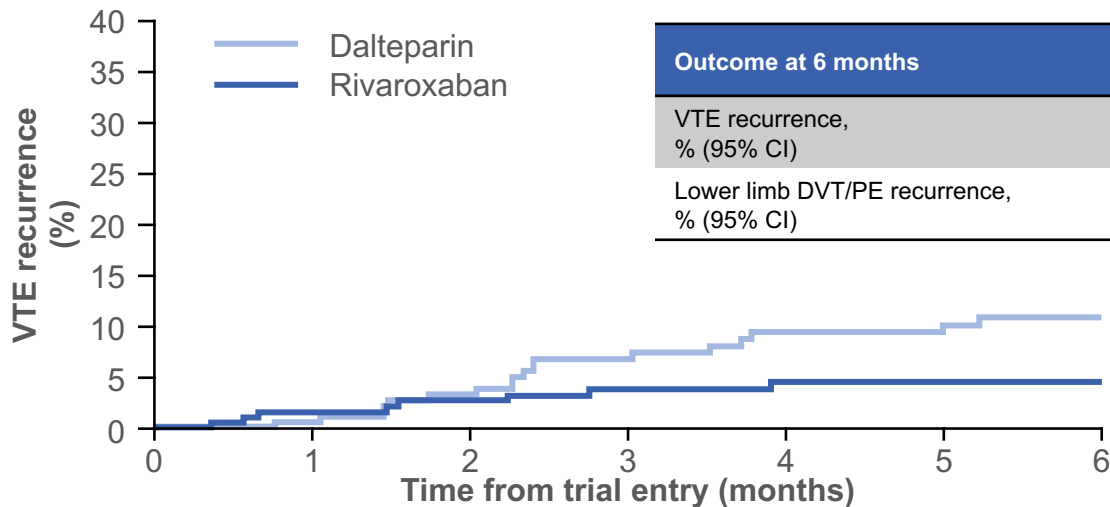
# select-d: Phase III Pilot Study Comparing Rivaroxaban versus Dalteparin for the Treatment of Cancer Associated Thrombosis

**Study design:** Prospective, randomized, open-label, multicentre pilot phase III study



\*For patients with CrCl 30–49 ml/min dosing recommendations as in rivaroxaban SmPC; <sup>#</sup>The second randomization phase for extended treatment of VTE from 6 to 12 months for patients with PE as an index event or patients with Residual DVT at 5 month assessment was closed due to low recruitment. Sample size reduced from 530 to 400 patients for main trial comparison (95% CI for VTE recurrence  $\pm$ 4.5%)

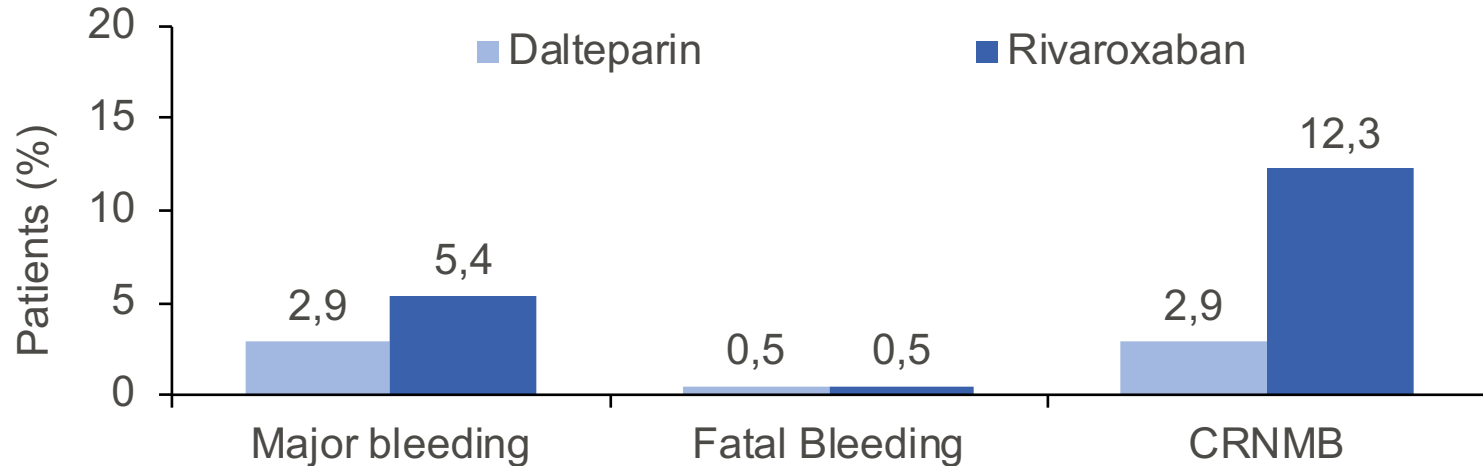
# select-d Primary Outcome: Lower Incidence of VTE Recurrence Events with Rivaroxaban Versus Dalteparin



Number at risk				
Dalteparin	203	171	139	115
Rivaroxaban	203	174	149	134



# select-d Secondary Outcome: Incidence of Major, Fatal and Clinically Relevant Non-Major Bleedings

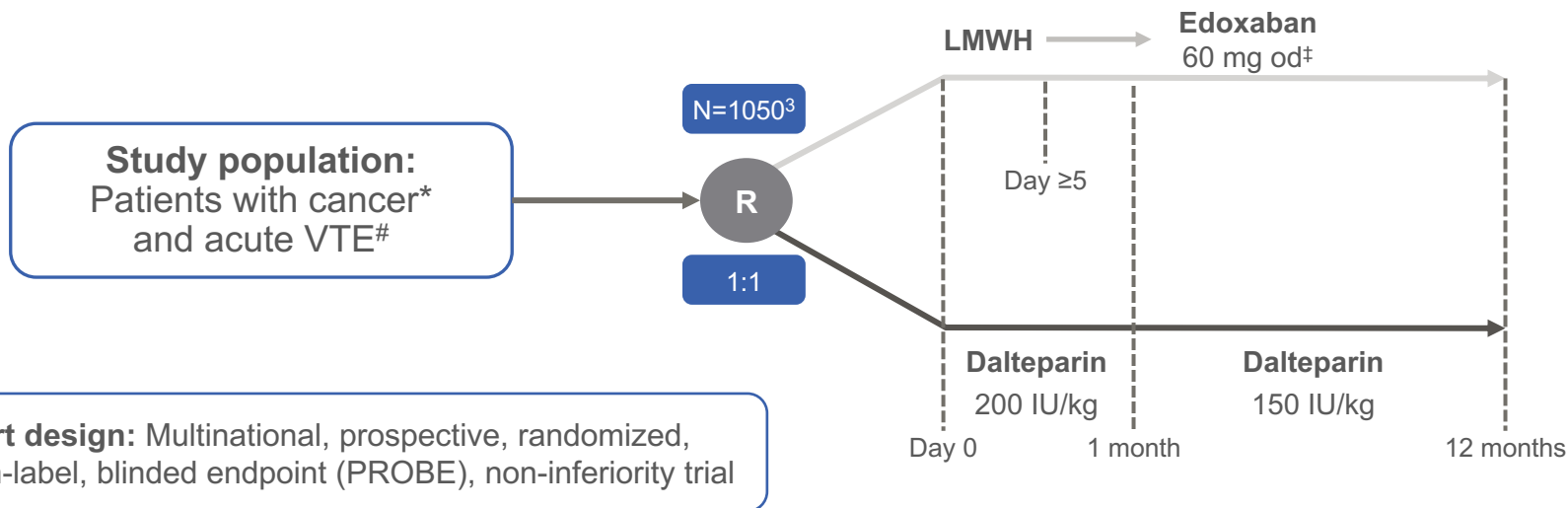


**Most Major Bleeding events were Gastrointestinal Bleeds\***. No Central Nervous System Bleeding was observed in rivaroxaban and dalteparin groups.

\* All bleedings events were adjudicated .Overall survival at 6 months was 70%(63-76%) in the rivaroxaban group and 75%(69-81%) in the dalteparin group.

# Hokusai-VTE-Cancer: Study Design

**Rationale:** To assess the efficacy and safety of edoxaban (after  $\geq 5$  days of LMWH) versus dalteparin for the treatment of VTE in patients with cancer\*<sup>1-3</sup>

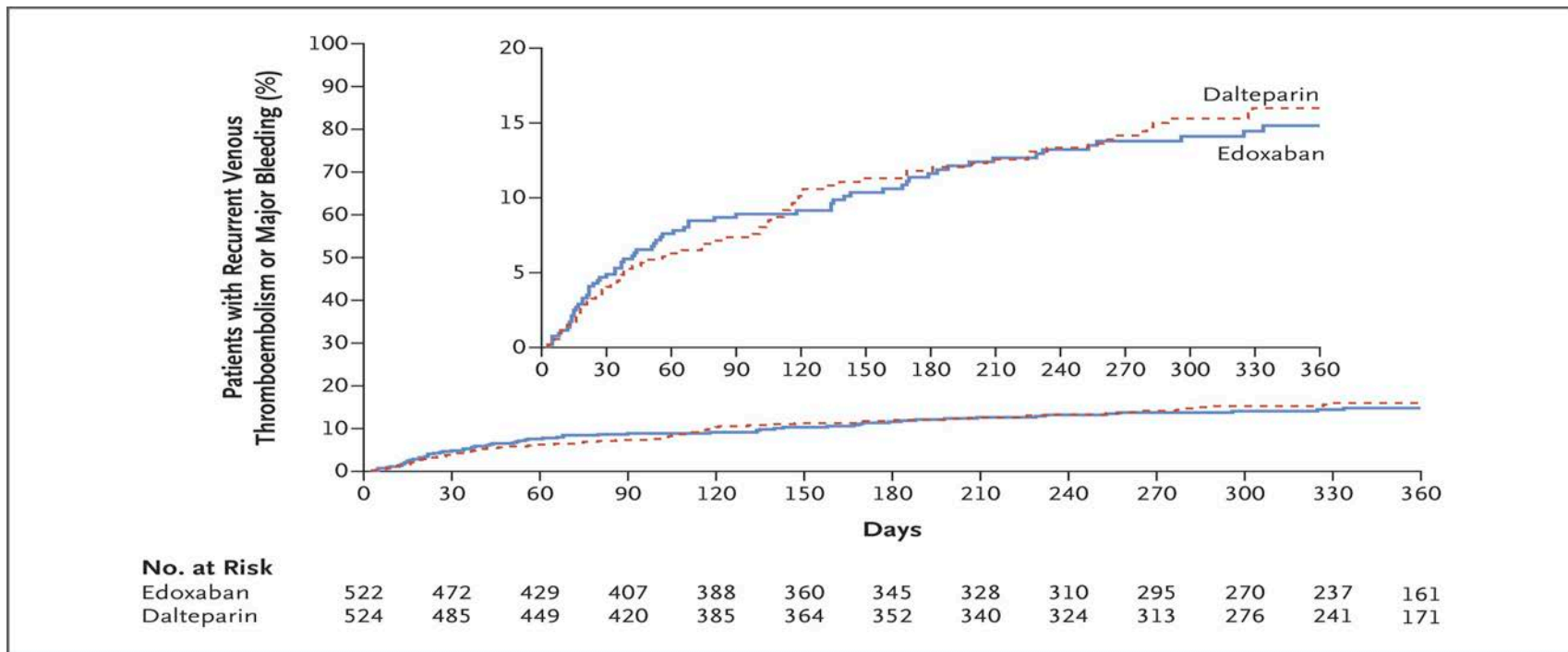


**Short design:** Multinational, prospective, randomized, open-label, blinded endpoint (PROBE), non-inferiority trial

\*Cancer must be other than basal-cell or squamous cell carcinoma of the skin, be active or diagnosed within 2 years prior to randomization and objectively confirmed. Active cancer was defined as any of the following: diagnosis of cancer within the past 6 months; recurrent, regionally advanced or metastatic disease; currently receiving treatment or having received any treatment for cancer during the 6 months prior to randomization; or a haematological malignancy not in complete remission; #symptomatic or incidental VTE; ‡dose adjustment to 30 mg od in patients with a body weight  $\leq 60$  kg or CrCl 30–50ml/min, or concomitant use of P-glycoprotein inhibitors

1. Daiichi Sankyo, Inc. <https://clinicaltrials.gov/ct2/show/NCT02073682>; 2. van Es *et al*, *Thromb Haemostat* 2015;114;1268–1276; 3. Raskob GE *et al*, ASH 2017: Abstract LBA-6

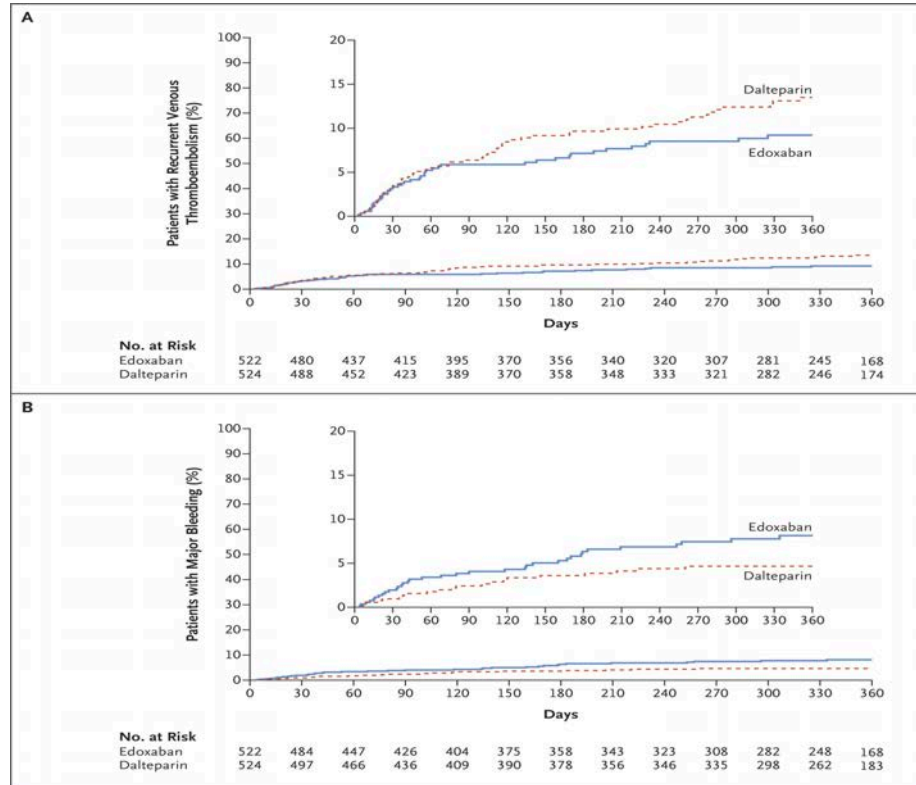
# Hokusai-VTE-Cancer Composite Primary Outcome – First Recurrent VTE or Major Bleeding Event



Raskob GE et al. N Engl J Med 2018;378:615-624

# Hokusai VTE Cancer

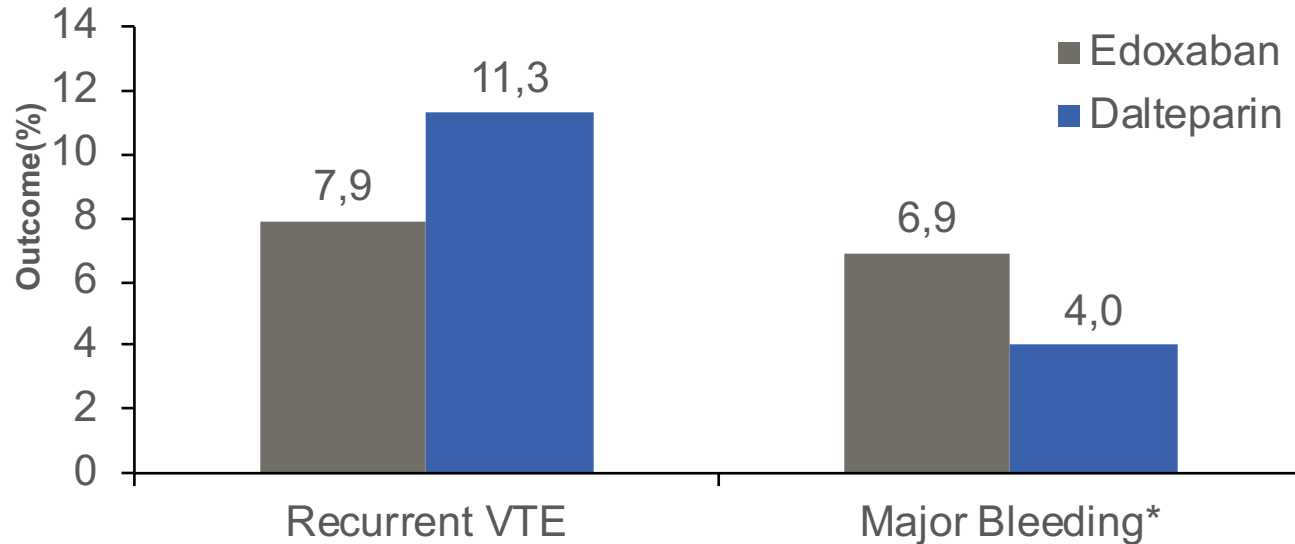
## Recurrent VTE and Major Bleeding – 12 Months



Raskob GE et al. N Engl J Med 2018;378:615-624

# Hokusai VTE Cancer

## Recurrent VTE and Major Bleeding – 12 Months



**\*GI bleeding in patients with GI cancers; # $p=0.09$ ; † $p=0.04$**

# Guidance from the SCC of the ISTH for Treatment of CAT

---

Society	Recommendations
ISTH 2018 <sup>1</sup>	<ul style="list-style-type: none"><li data-bbox="452 303 1864 380">◆ The use of specific NOACs is suggested in CAT patients with low risk of bleeding and no drug-drug interaction with current systemic therapy</li><li data-bbox="452 394 1864 521">◆ Rivaroxaban and Edoxaban are highlighted as the only NOACs with RCT evidence vs LMWH in CAT patients and a class effect of the NOACs should not be readily assumed</li><li data-bbox="452 536 1130 576">◆ LMWHs are an acceptable alternative</li><li data-bbox="452 590 1864 667">◆ <b>Treatment decisions should include <i>shared decision making with an informed patient</i></b></li><li data-bbox="452 681 1864 809">◆ The use of LMHW is suggested in CAT patients with high risk of bleeding (<b>gastrointestinal cancers; at high risk of bleeding from genitourinary tract; gastrointestinal mucosal abnormalities</b>)</li><li data-bbox="452 823 1864 951">◆ Rivaroxaban and Edoxaban can be considered as an alternative in the absence of drug-drug interactions with current systemic therapy and after <b><i>shared decision making with an informed patient</i></b></li></ul>

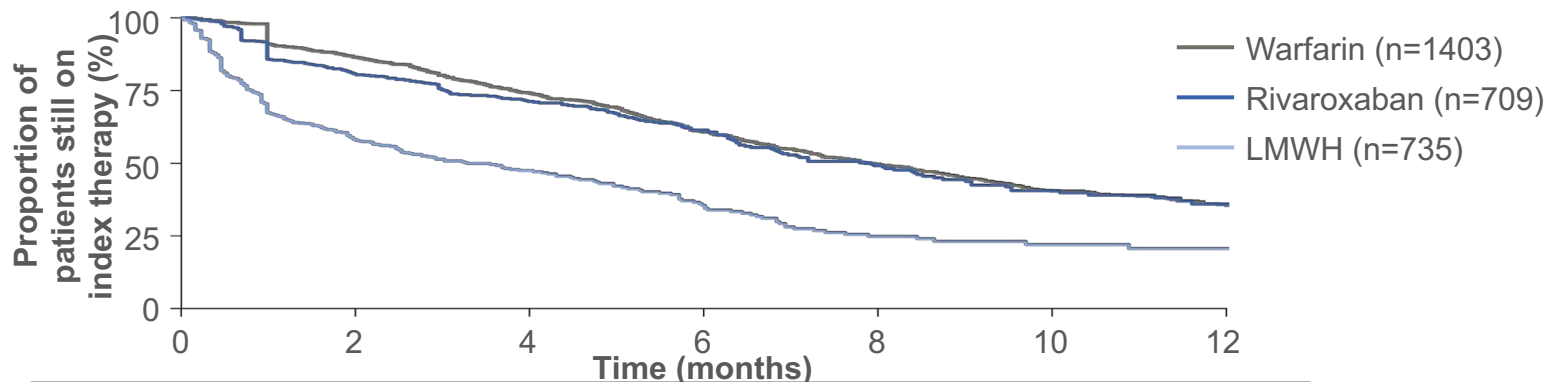
---

\*1.Khorana, A. et al, *Journal of Thrombosis and Haemostasis*, 16: 1–4

What Else Do we Know that Governments Use?

---

# Higher Persistence on Index Therapy in Cancer Patients Using Rivaroxaban or Warfarin versus LMWH



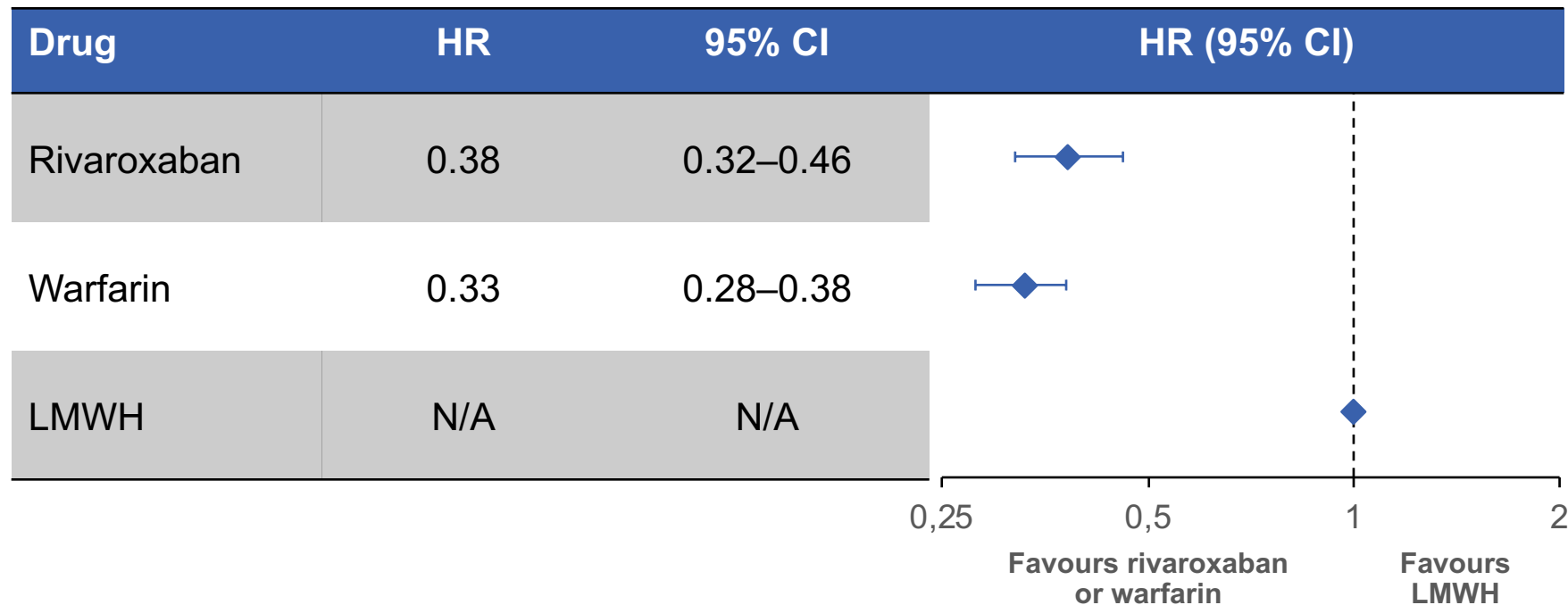
Cohort	Median treatment duration	Kaplan–Meier rates	
		6 months	12 months
LMWH	3.3	37%	21%
Warfarin	7.9	61%	35%
Rivaroxaban	7.9	61%	36%

\*Discontinuation was defined as a gap of no more than 60 days between the end of the days of supply of a dispensing and the start date of the next dispensing of the index therapy, if any



# Higher Risk of Discontinuation of Index Therapy on LMWH versus Rivaroxaban or Warfarin

## Risk of discontinuation with rivaroxaban or warfarin versus LMWH



# Patient Perspectives on LMWH Vs DOACs

- Most patients experienced unwanted effects as result of injections, but these were acceptable in context of being a cancer patient.
- Tablet was preferred but only if as effective.

*Obviously you're covered in bruises so you don't look great, but I'm now covered in scars and colostomy bags and that sort of things, it seems a very small price to pay. It becomes a bit relative really. - P21*

*...could serve the... would... certain... tablet, but... are an advantage then it's worth putting up with the discomfort. - P11*

SHARED DECISION MAKING  
ISTH 2018

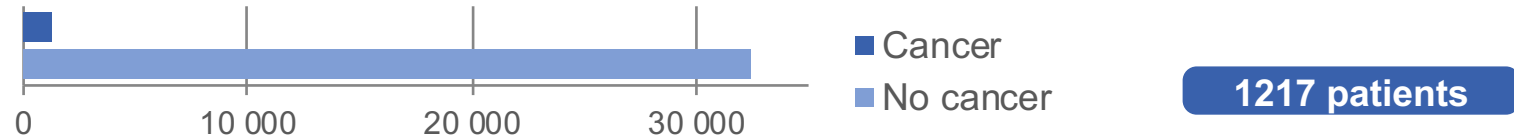
# Can We Individualise CAT Treatment ?

---

'Extracted' Data from Registration Trials

# NOAC Phase III VTE Trials: Inclusion of Patients with Cancer

## Phase III NOAC trials including more than 30,000 patients

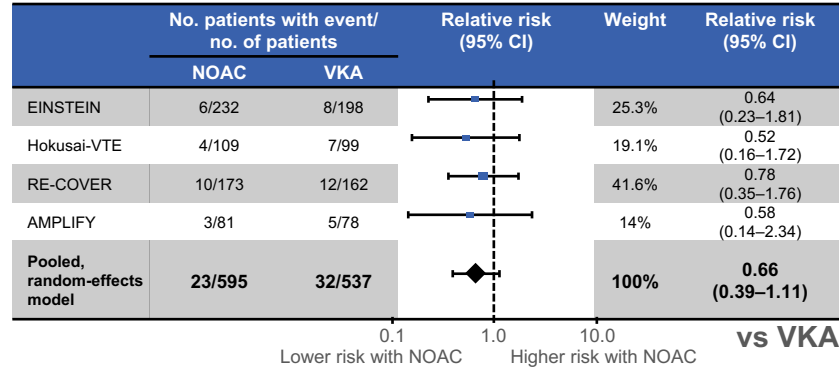


Drug	Trial name	Patients with cancer	
		n/N	%
Rivaroxaban <sup>1</sup>	EINSTEIN DVT	207/3449	6.0
	EINSTEIN PE	223/4832	4.6
	EINSTEIN EXT	54/1196	4.5
Dabigatran <sup>2</sup>	RE-COVER	121/2539	4.8
	RE-COVER II	100/2589	3.9
	RE-MEDY	119/2586	4.2
	RE-SONATE	N/A	N/A
Apixaban <sup>1</sup>	AMPLIFY	143/5395	2.7
	AMPLIFY-EXT	42/2482	1.7
Edoxaban <sup>1</sup>	Hokusai-VTE	208/8240	2.5

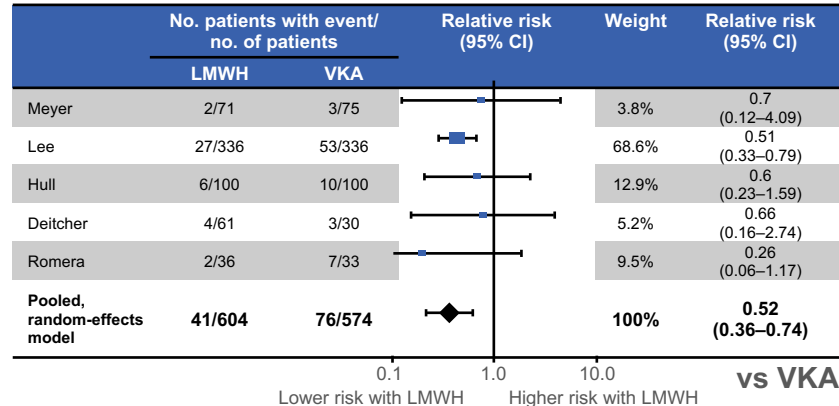
# Efficacy and Safety of NOACs and LMWH versus VKA in the Treatment of Cancer Associated Thrombosis

## Recurrent VTE

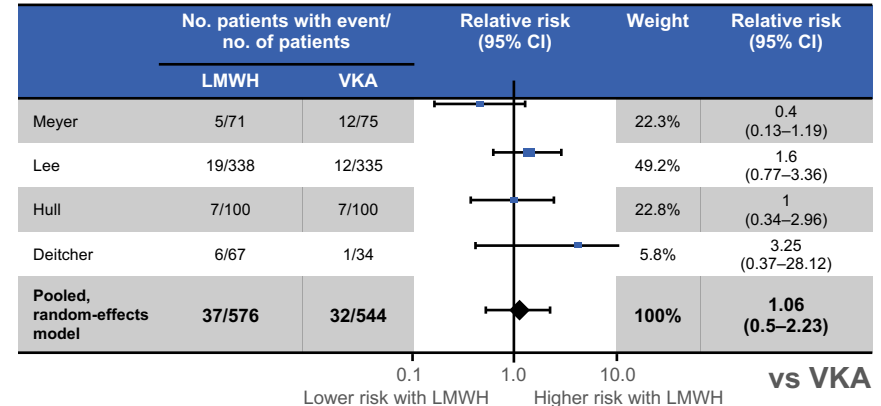
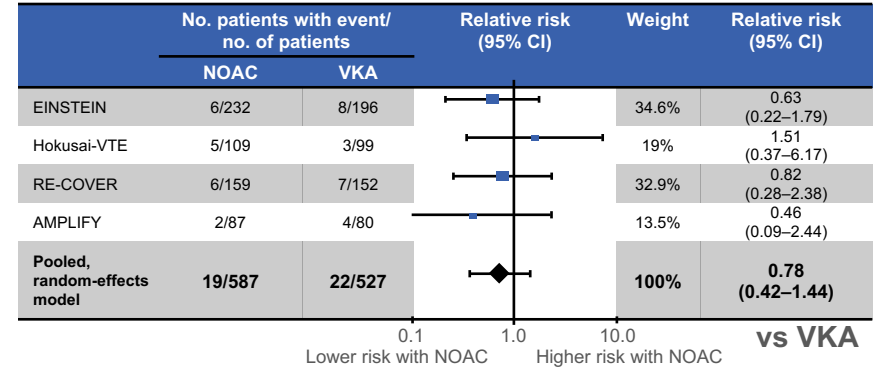
NOAC studies



LMWH studies

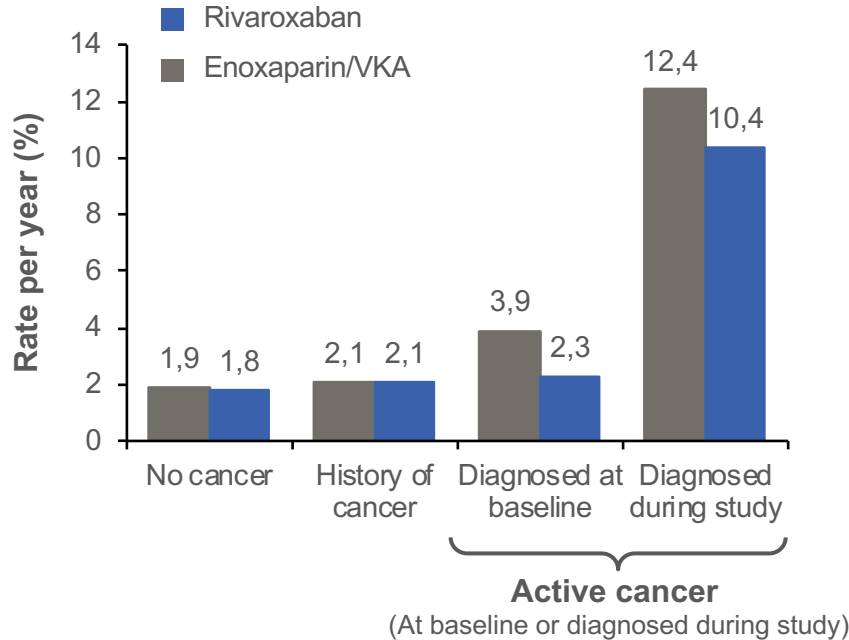


## Major bleeding

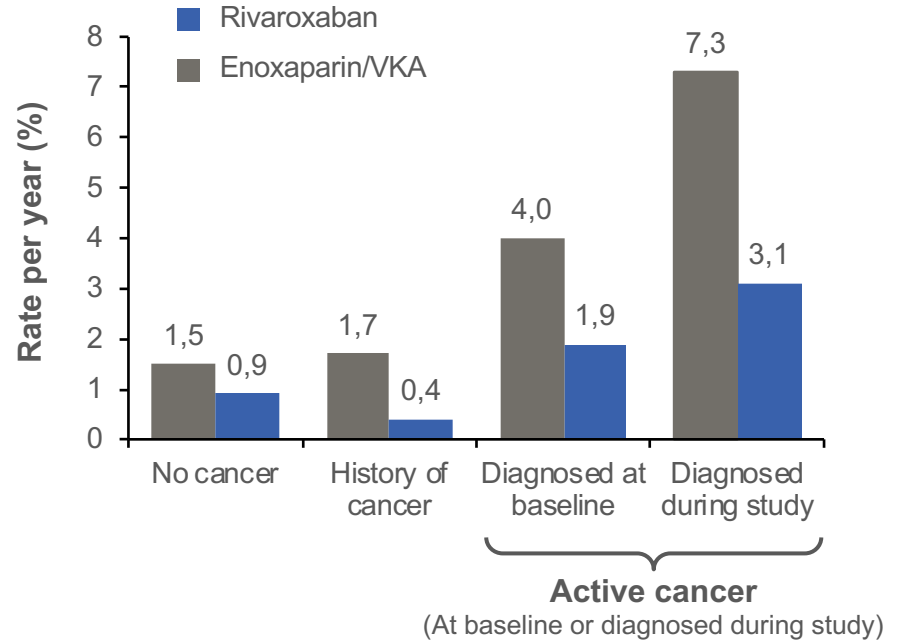


# EINSTEIN DVT/PE: Outcomes by Cancer Status

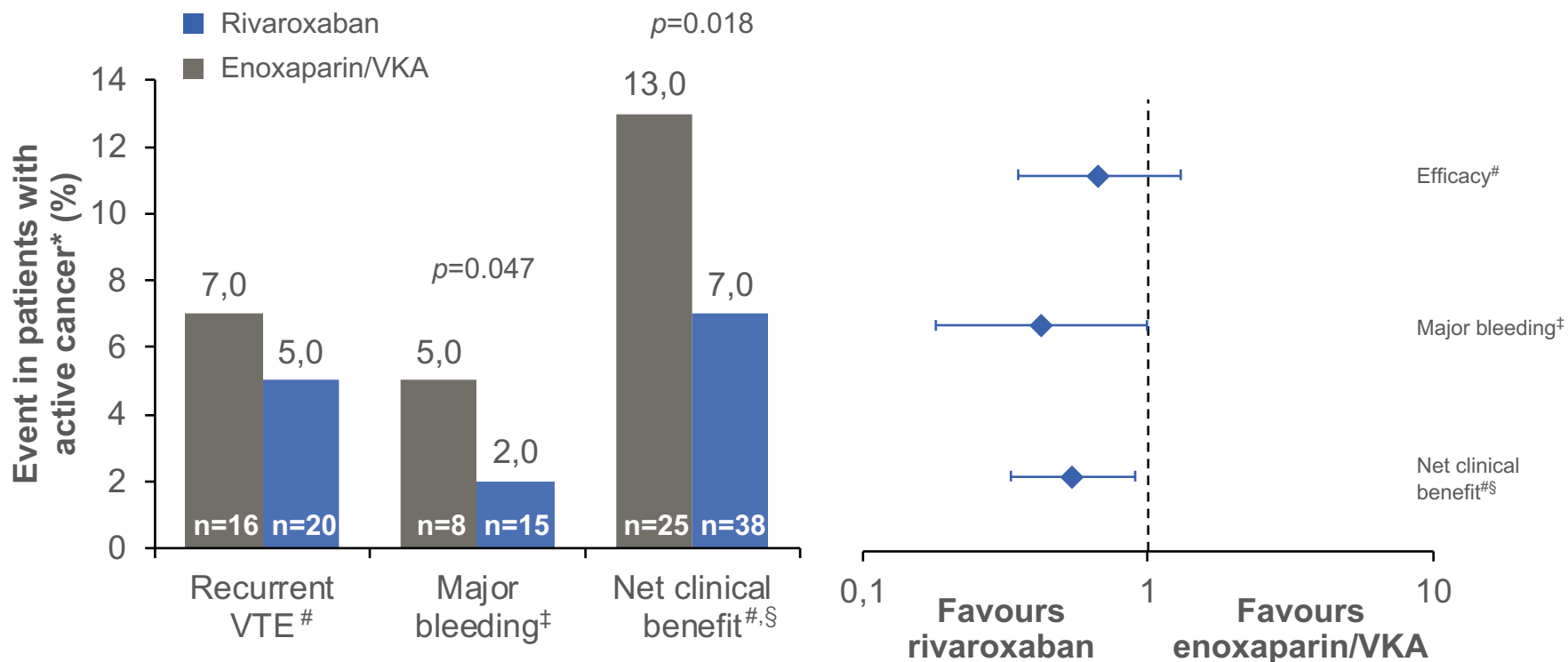
## Recurrent VTE (ITT population)



## Major bleeding (safety population)



# EINSTEIN PE/DVT: Effective Treatment in Patients with Active Cancer, with Significant Reduction in Major Bleeding



\*At baseline or during the study period; <sup>#</sup>ITT population: N=8281; patients with active cancer, n=655;  
<sup>‡</sup>safety population: N=8246; patients with active cancer, n=651; <sup>§</sup>composite of recurrent VTE and major bleeding

# Can we Individualise CAT Treatment ?

---

Data from 'Real World' Use



# Rivaroxaban Effectiveness and Safety in VTE Patients with Active Cancer in Real-World Studies

Study	Type	Treatment arm	n	Treatment duration, months, median	Recurrent VTE %	Major bleeding %	Mortality %
XALIA <sup>1*</sup>	Prospective, observational study	Rivaroxaban*	146	5.0	3.4	1.4	4.8
		Early switchers <sup>#</sup>	30	6.5	3.3	0.0	0.0
		Standard anticoagulation <sup>‡</sup>	141	7.1	4.3	5.0	4.3
		LMWH	223	5.5	4.5	3.6	24.7
Mayo <sup>2</sup>	Prospective registry	Rivaroxaban	135	7.3 <sup>§</sup>	2.8	2.2	30
		LMWH	121	5.8 <sup>§</sup>	1.7	5.8	41
		(p-value)	–	NR	(0.45)	(0.20)	<b>(0.047)</b>
MSK <sup>3</sup>	Prospective cohort study	Rivaroxaban	200	NR	4.4	2.2	17.6

\*Treated with rivaroxaban alone or who received heparin or fondaparinux for 48 hours before switching to rivaroxaban; #treated with rivaroxaban who received heparin/fondaparinux for >48 hours–14 days and/or a VKA for 1–14 days before changing to rivaroxaban; †initial treatment with unfractionated heparin, LMWH or fondaparinux, usually overlapping with and followed by a VKA; §average follow-up

# Real World Data: MSKCC Experience

---

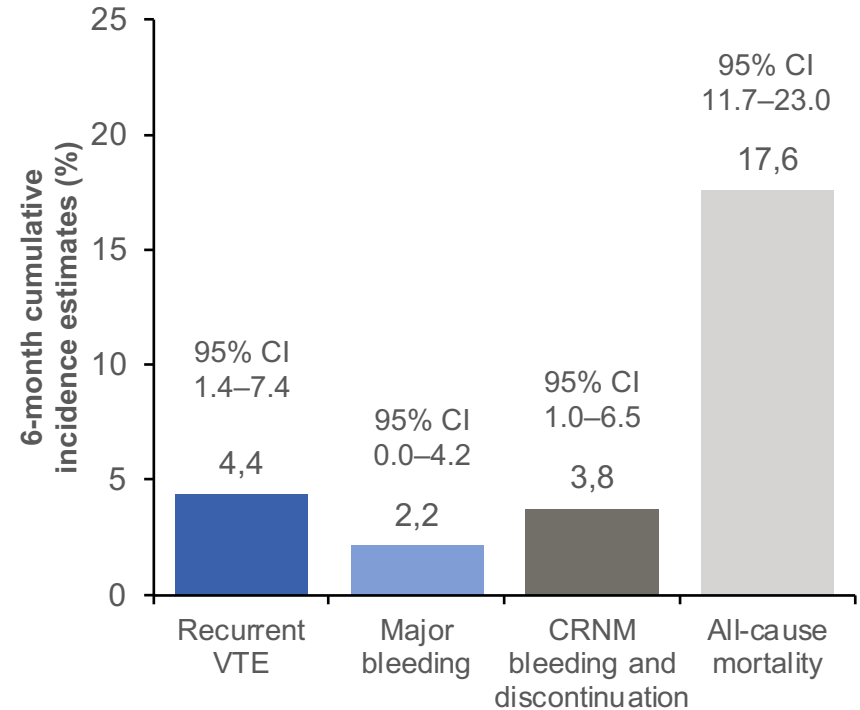
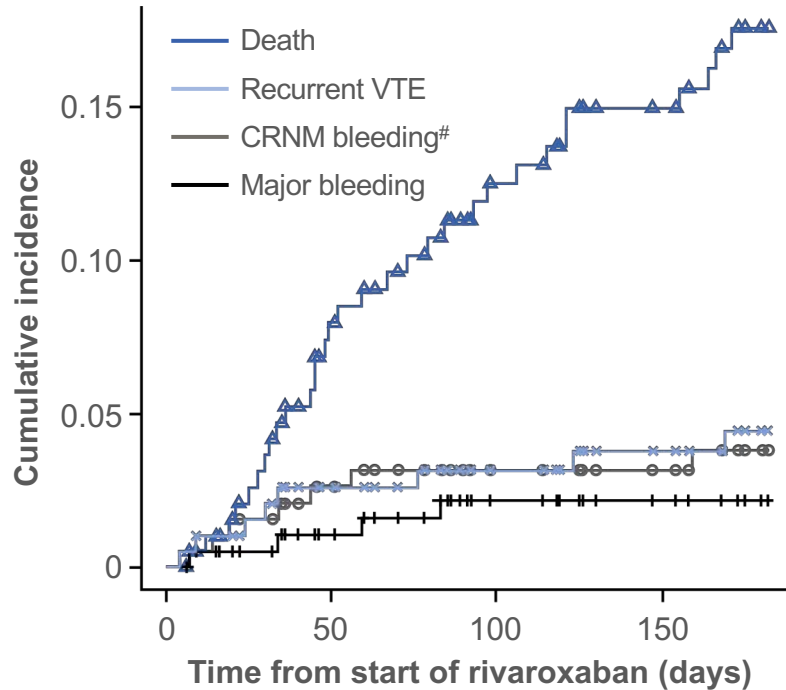
## Quality assessment initiative

- ◆ 200 patients with active cancer and CAT treated with rivaroxaban
  - Intended to receive  $\geq 6$  months of therapy
- ◆ Several exclusions:
  - CrCl  $< 30$  ml/min
  - Liver function tests  $> 3 \times$  ULN
  - Expected malabsorption at stomach or small bowel
  - Active GU or GI lesions
  - Untreated primary CNS neoplasm
  - A body weight  $< 50$  or  $> 150$  kg
  - Any antiplatelet agent other than ASA 81 mg daily and any significant drug interaction
- ◆ Empirically dose-reduced: patients  $\geq 75$  years old received rivaroxaban 10 mg bid for 3 weeks followed by 15 mg od

ASA, acetylsalicylic acid; CAT, cancer-associated thrombosis; CNS, central nervous system; CrCl, creatinine clearance; GI, gastrointestinal; GU, gastrouritary; MSKCC, Memorial Sloan Kettering Cancer Center; ULN, upper limit of normal

# Memorial Sloan Kettering Cancer: Outcome Rates in Patients with Cancer Similar to the EINSTEIN Trials<sup>1,2</sup>

## Cumulative incidence for competing risks<sup>1</sup> 6-month cumulative incidence estimates<sup>1</sup>



Planned duration of at least 6 months (53% of patients were observed for the full 6 months). \*Leading to discontinuation of rivaroxaban

# Patient Checklist – LMWH or DOAC or both?

---

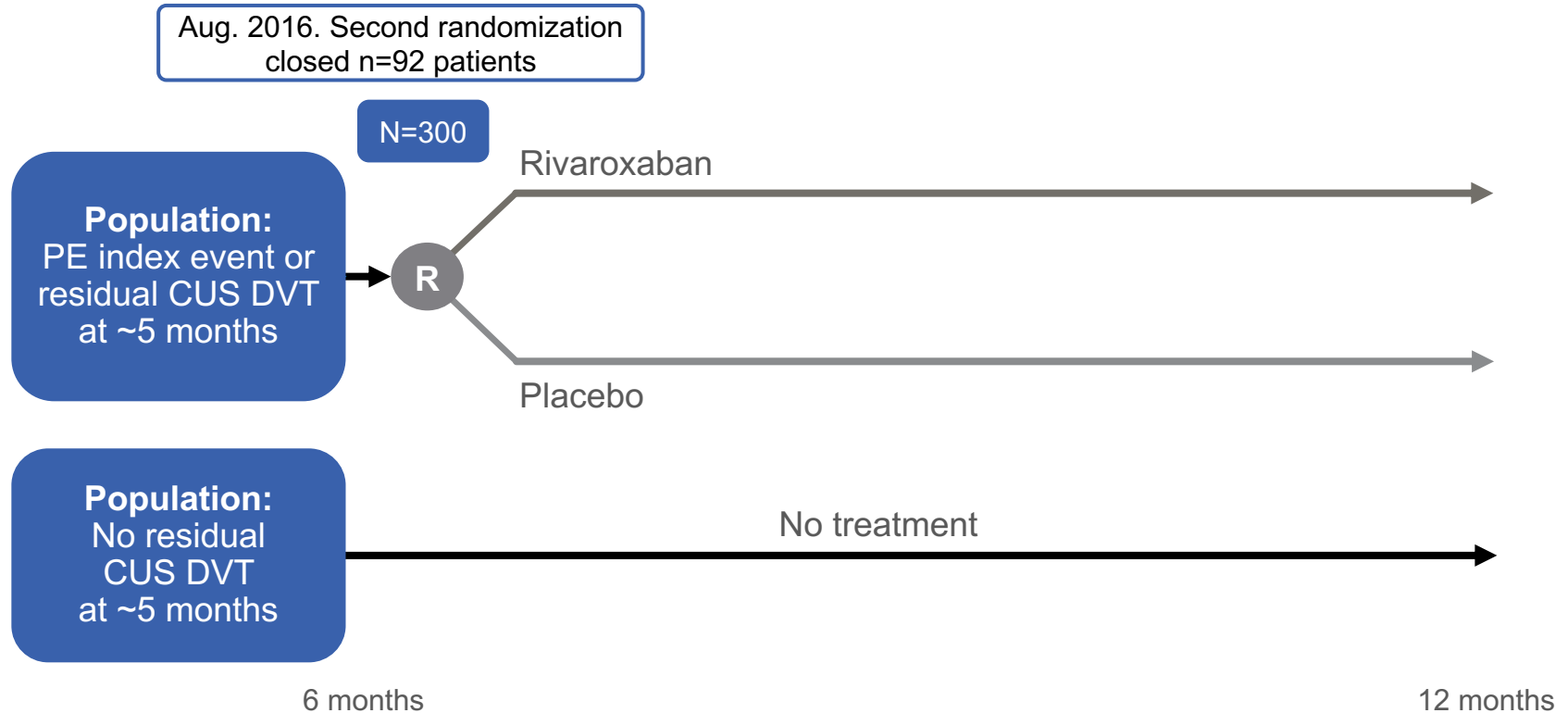
- Patient Preference
- Cancer (lesion) in situ?
- Chemotherapy and other Concomitant Medications
- Renal Function
- Comorbidities
- Cancer Type
- Nausea and Vomiting\*
- ? Weight
- ?

## How long?

---

Both Studies –SELECTeD and HOKUSAI VTE Cancer  
tried to produce Data in this setting

# SELECTeD: Study Design (2)



# Treatment and 2° Prevention of VTE in Cancer

- ◆ ASCO: Extended anticoagulation with LMWH or VKA may be considered beyond 6/12 for patients with metastatic disease or patients who are receiving chemotherapy

- Length of secondary prevention

- LONGHEVA NCT01164046 (LMWH vs VKA)

Failed to Recruit  
Downscaled to a Registry

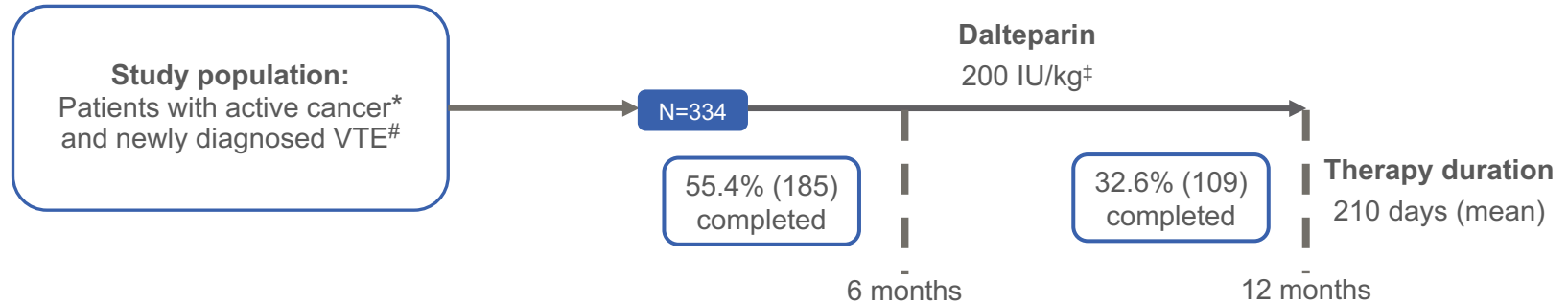
- ALICAT ISRCTN51511111 (LMWH vs VKA)

Failed Feasibility – Trial Closed without  
achieving endpoint--

- ALICAT ISRCTN51511111 (LMWH vs VKA) – Funded by NIHR

# DALTECAN: Study Design and Completion Rates

**Rationale:** To assess the safety of dalteparin between >6–12 months for cancer-associated VTE



**Study design:** Prospective, multicentre, open-label, single-arm, long-term study

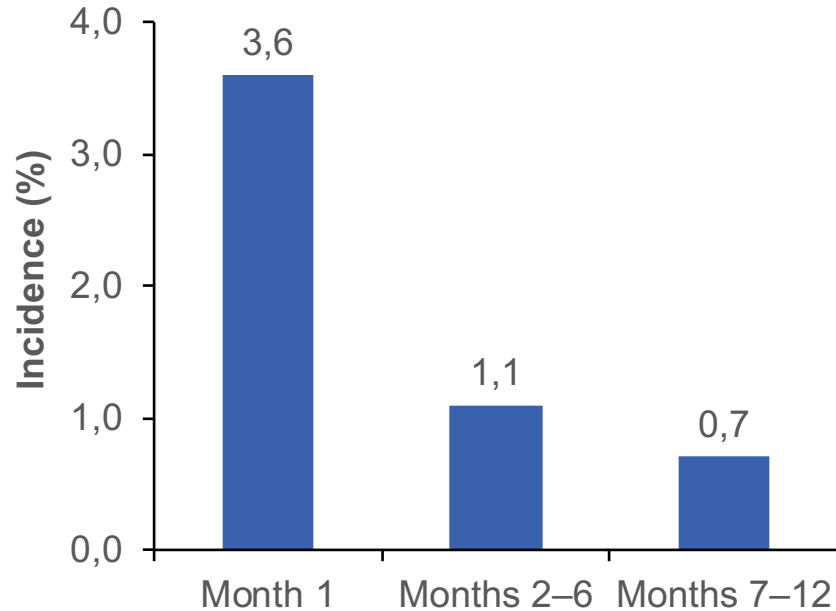
**Primary endpoint:** Major bleeding rate (months 7–12)  
**Other endpoints:** Major bleeding rate (months 1, 2–6) and recurrent VTE rate (months 1, 2–6, 7–12)

\*Diagnosis (excluding basal cell or squamous cell carcinoma of the skin) within 6 months before enrolment, having received cancer therapy within the previous 6 months, or having documented recurrent or metastatic cancer; #symptomatic proximal DVT of the lower extremity, PE or both; ‡ Initial dose of 200IU/kg/day with a maximum dose of 18000IU for the first month. During months 2–12, pre-filled syringes according to the patients weight were supplied: 7500IU for body weight ≤56kg, 10000IU for body weight 57–68kg, 12500IU for 69–82kg, 15000IU for 83–98kg and 18000IU for >99kg

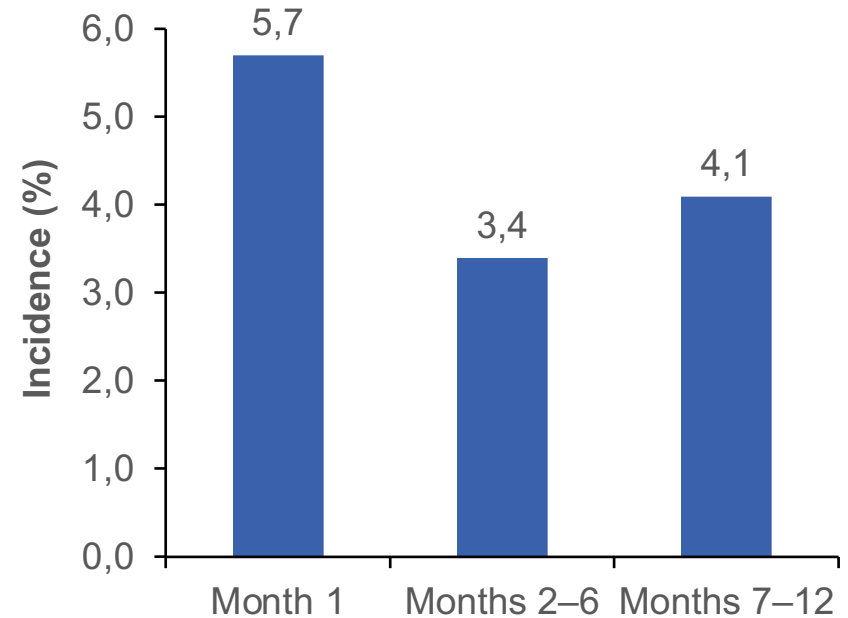


# DALTECAN: Efficacy and Safety of LMHW in the Extended Treatment of Cancer Associated Thrombosis

## Major bleeding events



## Recurrent VTE



# Rivaroxaban Ongoing Trials in Cancer Associated Thrombosis

---

The CALLISTO Program



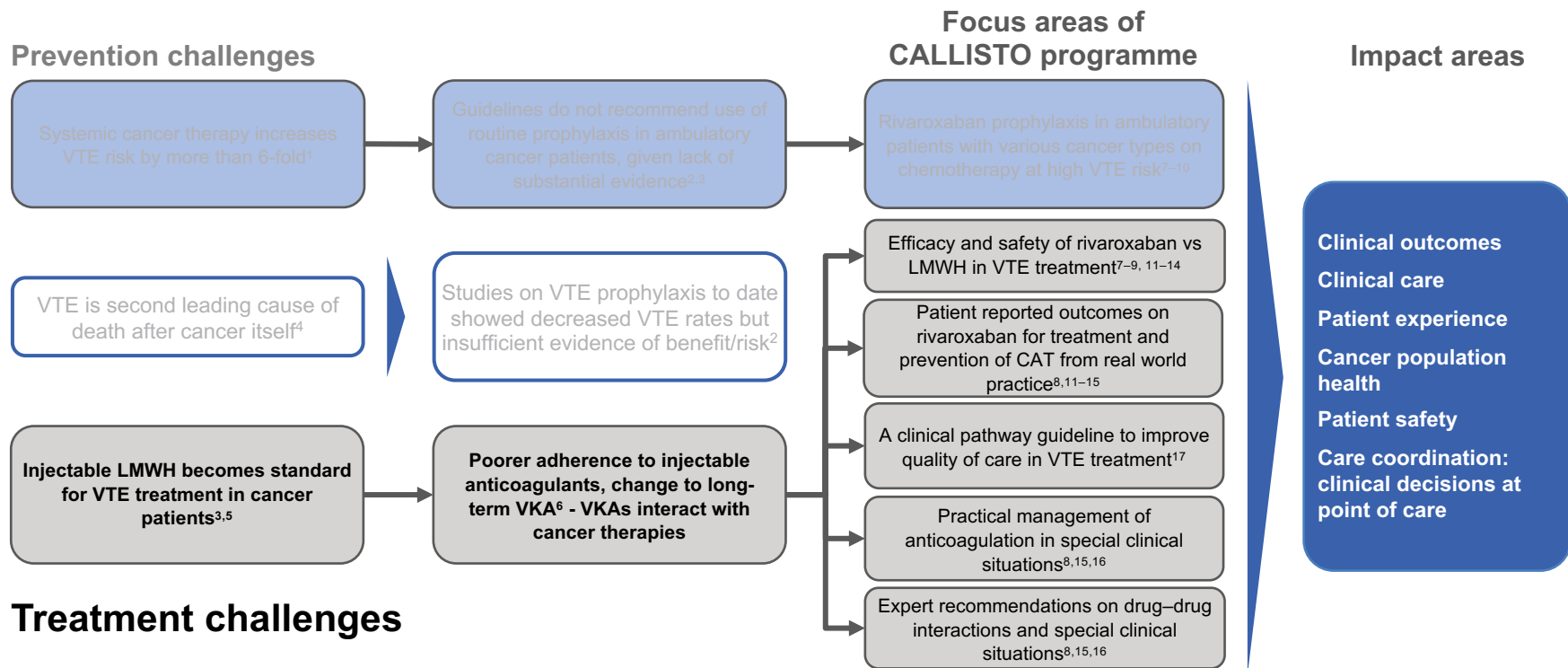
## The CALLISTO Programme

---

Cancer Associated thrombosis – expLoring soLutions for patientS through Treatment and prevention with rivarOxaban

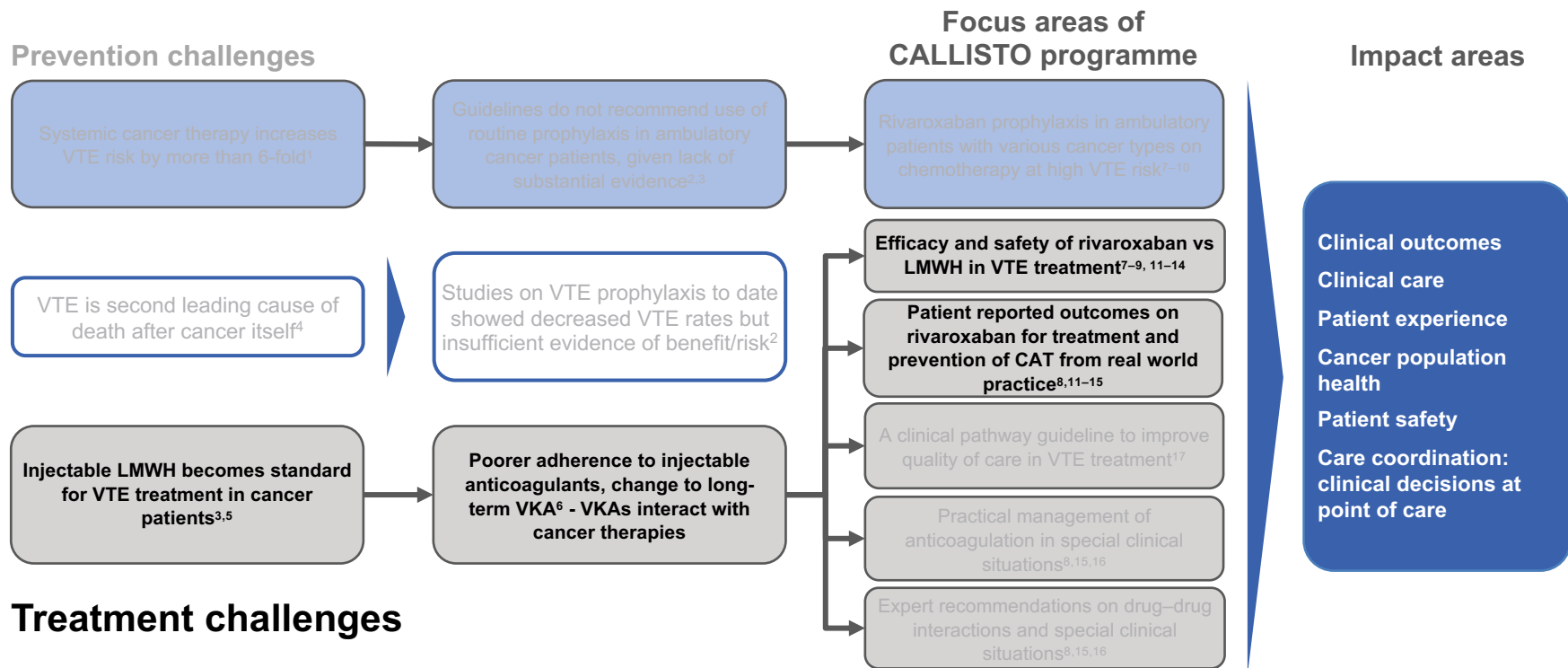
*Novel “umbrella” programme that addresses multiple clinically relevant questions in cancer-associated thrombosis via multiple studies, expert recommendations and a survey, the combination of which will result in improved quality of care in oncology*

# CALLISTO Aims to Address the Unmet Medical Needs in CAT



1. Heit JA *et al*, *Arch Intern Med* 2000;160:809–815; 2. Di Nisio M *et al*, *Cochrane Database Rev* 2014;CD008500; 3. Lyman GH *et al*, *J Clin Oncol* 2013;17:2189–2204; 4. Khorana AA *et al*, *J Thromb Haemost* 2007;5:632–634; 5. Lyman GH *et al*, *J Clin Oncol* 2007;25:5490–5505; 6. Khorana A *et al*, *Thromb Res* 2016;145:51–53; 7. Janssen Research & Development, LLC. <https://clinicaltrials.gov/ct2/show/NCT02555878>; 8. Bach M *et al*, *Thromb Haemost* 2016;116:S24–S32; 9. Khorana AA *et al*, *Thromb Haemost*. 2017; doi:10.1160/TH17-03-0171; 10. Fadoi Foundation, Italy. <https://clinicaltrials.gov/ct2/show/NCT03055026>; 11. EudraCT: 2012-005589-3; 12. Young A *et al*, *Thromb Res* 2016;140:S172–S173; 13. AIO-Studien-gGmbH. [www.clinicaltrials.gov/ct2/show/NCT02583191](http://www.clinicaltrials.gov/ct2/show/NCT02583191); 14. Riess H *et al*. *Dtsch med Wochenschr* 2015;140:S22–S23; 15. Bayer. <https://clinicaltrials.gov/ct2/show/NCT02742623>; 16. <http://frontline2.tri-london.ac.uk/>; 17. Mantha S *et al*, *J Thromb Thrombolysis* 2016; doi:10.1007/s11239-016-1429-1

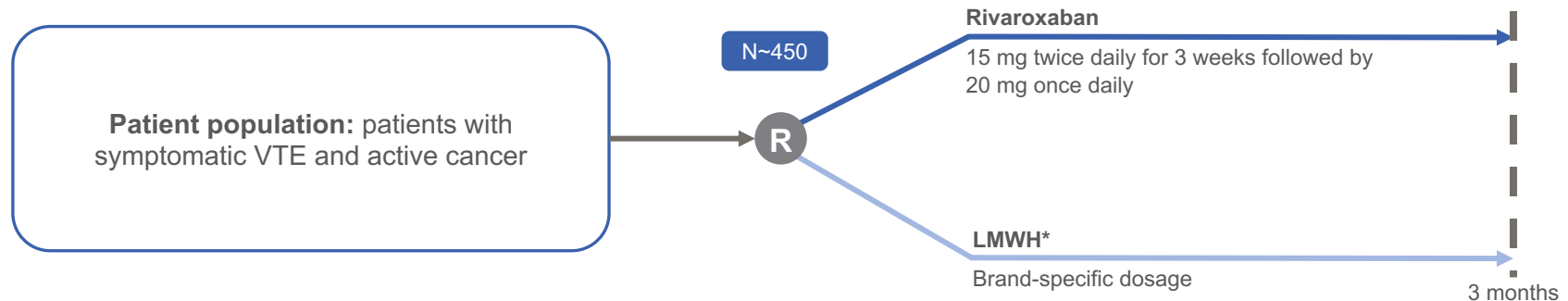
# CALLISTO Aims to Address the Unmet Medical Needs in CAT



1. Heit JA *et al*, *Arch Intern Med* 2000;160:809–815; 2. Di Nisio M *et al*, *Cochrane Database Rev* 2014;CD008500; 3. Lyman GH *et al*, *J Clin Oncol* 2013;17:2189–2204; 4. Khorana AA *et al*, *J Thromb Haemost* 2007;5:632–634; 5. Lyman GH *et al*, *J Clin Oncol* 2007;25:5490–5505; 6. Khorana A *et al*, *Thromb Res* 2016;145:51–53; 7. Janssen Research & Development, LLC. <https://clinicaltrials.gov/ct2/show/NCT02555878>; 8. Bach M *et al*, *Thromb Haemost* 2016;116:S24–S32; 9. Khorana AA *et al*, *Thromb Haemost*. 2017; doi:10.1160/TH17-03-0171; 10. Fadoi Foundation, Italy. <https://clinicaltrials.gov/ct2/show/NCT03055026>; 11. EudraCT: 2012-005589-3; 12. Young A *et al*, *Thromb Res* 2016;140:S172–S173; 13. AIO-Studien-gGmbH. [www.clinicaltrials.gov/ct2/show/NCT02583191](http://www.clinicaltrials.gov/ct2/show/NCT02583191); 14. Riess H *et al*. *Dtsch med Wochenschr* 2015;140:S22–S23; 15. Bayer. <https://clinicaltrials.gov/ct2/show/NCT02742623>; 16. <http://frontline2.tri-london.ac.uk/>; 17. Mantha S *et al*, *J Thromb Thrombolysis* 2016; doi:10.1007/s11239-016-1429-1

# CONKO 011: Study Design

**Rationale:** Patient-reported treatment satisfaction measured by the Anti-Clot Treatment Scale with rivaroxaban versus standard of care<sup>1,2</sup>



**Short design:** Prospective, multicentre, randomized, open-label phase III study

**Indication:** VTE treatment in patients with cancer

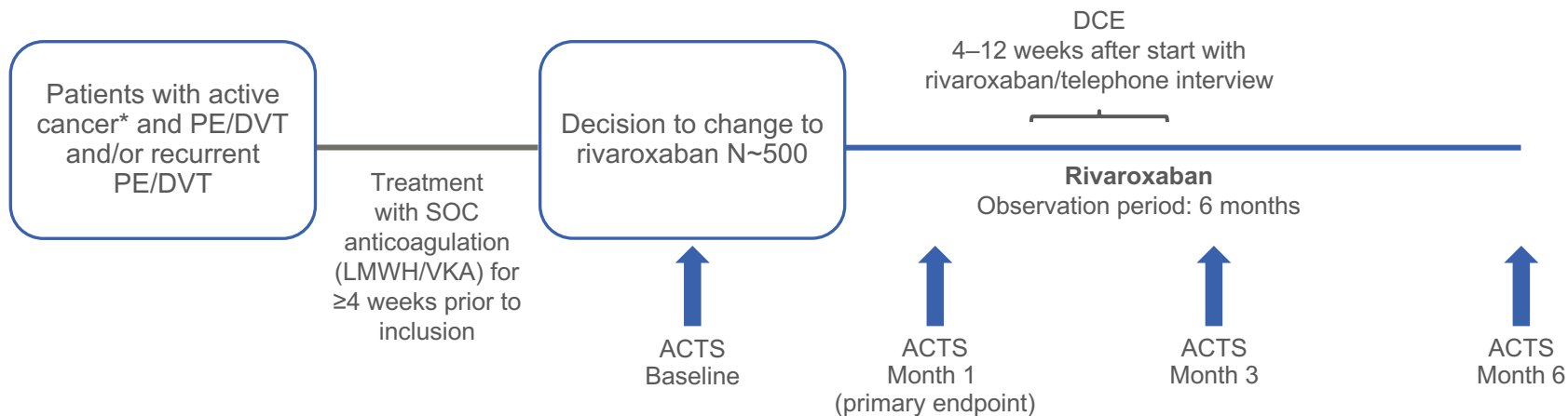
**FPFV:** Q1-16

**LPLV:** TBD

\*Standard as used in participating site

# COSIMO: Study Design

**Rationale:** To assess patient-reported treatment satisfaction with regard to the ACTS burden score for the use of rivaroxaban for treatment of VTE and/or prevention of recurrent VTE in patients with active cancer changing to this therapy<sup>1,2</sup>



**Short design:** International, prospective, non-interventional cohort study

**Indication:** VTE treatment and/or prevention of recurrent VTE in patients with active cancer

**FPFV:** Q4-16  
**LPLV:** Q3-18


\*Diagnosis or treatment of cancer in the previous <6 months, or recurrent or metastatic cancer other than fully treated basal cell or squamous cell carcinoma of the skin

# Conclusions

---

- ◆ There are now 2 RCTs of DOACs in CAT treatment (Rivaroxaban & Edoxaban)
- ◆ Patients and physicians have options but treatment decisions need care and need to be shared with informed patients
  - ISTH guidance 2018 already produced
  - More guidelines are expected to materialize soon
- ◆ Real world data are useful as they reflect selection ‘bias’ that however seems to optimize treatments with patient safety at the centre e.g. avoidance of
  - Active GI lesions
  - Multiple concurrent medications
  - Poor end organ function (Liver, Kidney)
- ◆ We still have questions over optimal length of treatment
- ◆ <sup>1</sup>CALLISTO is a novel ‘umbrella’ programme that involves multiple parallel clinical trials, that build on the recent advent of Rivaroxaban.





Thank you

[anthony.maraveyas@hey.nhs.uk](mailto:anthony.maraveyas@hey.nhs.uk)